



2020-03-27

Information on the current situation for guardians in Ludvika Municipality's schools and preschools, 2020-03-27

How has the week been in our operations?

We feel that the dialogue has been good between our operations and the home. The situation is considered as stable. We appreciate that you all respect the current guidelines, if we get symptoms then we are at home, stay at home 48 hours after recovery.

In addition, we want to emphasize that compulsory schooling still applies and those healthy children should be in school to take part in the teaching process. What has emerged now is that we are approaching spring and summer, the pollen season is coming and it affects us to high degrees as similar to the symptoms as at covid-19. The public health authority issued yesterday evening the following recommendations:

How do I know if my symptoms are due to pollen allergy or covid-19?

Since even covid-19 can cause mild cold symptoms, it is difficult to initially determine if your symptoms are due to allergies or if you have been infected by this disease.

Make sure to stay home even if you experience mild symptoms such as sniffing, light coughing or sore throat. Medicate as usual for your allergy. If the symptoms are not worse, the medication will help and you will find that your symptoms are probably due to allergies, in this case, you do not need to be home.

If there are new symptoms that are not matched to your allergy or if you have a fever, you should stay home until these symptoms disappear. You are requested to stay at home for two more days.

Related links:

https://www.folkhalsomyndigheten.se/smittskydd-beredskap/utbrott/aktuella-utbrott/covid-19/fragor-och-svar/?exp=69644#_69644

<https://astmaoallergiforbundet.se/>

<https://www.1177.se/Dalarna/sjukdomar--besvar/allergier-och-overkanslighet/pollenallergi/>

Regards,

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