



2020-03-16

Macluumaad loogu talagalay waalidiinta, dugsiga barbaarinta iyo dugsiga.

Xaaladda aan ku hayno bulshada maanta, iyadoo faafitaanka Coronavirus, waxaan rabnaa inaan ka tilmaanno maamulka muhiimadda dhammaan carruurta, ardayda, shaqaalaha iyo mas'uuliyiinta inay raacaan awaamiirta Maamulka Caafimaadka Bulshada ayna ka qeyb qaataan tilmaamaha dugsiga:

<https://www.folkhalsomyndigheten.se/smittskydd-beredskap/utbrott/aktuella-utbrott/covid-19/fragor-och-svar/>

<https://www.skolverket.se/regler-och-ansvar/ansvar-i-skolfragor/coronaviruset-covid-19---information-till-skolor-och-forskolor>

Maamulka Caafimaadka Dadweynaha wey iska cadahay in caruurta iyo ardayda leh calaamadaha u ekaan kara hargabka waa ineey ka joogaan guriga iskuulka barbaarinta iyo iskuulka. Qof kasta oo uu ku dhacay qufac, xiiq, qandho ama dhibaato xaga neefsashada ah waa inay had iyo jeer soo sheegaan oo ay joogaan guriga howlaheena ilaa ay ka bogsanayaan. Waxaan ku xasuusineynaa in qof walba, dadka waaweyn iyo caruurta, ay leeyihiin mas'uuliyadooda gaarka ah: gacmaha ku dhaq saabuun cabbaar, badiyaa, iyo biyo kulul. Guriga joog haddii aad xanuun yar dareento, qaado laba maalmood oo dheeraad ah si aad u ogaato inaad caafimaad qabtid.

Aad ayey muhiim u tahay in macluumaadka ku saabsan wixii cudur ah ee la soo sheego ee ku jira ururkayaga loo gudbiyo maamulaha dugsiga xannaanada iyo dugsiga.

Diyaar u noqo in howlaheena ay u abaabulaan si ka duwan sidii caadiga ahayd muddo, in carruurta ay inta badan banaanka joogi doonaan iyo in aad la kulantaan shaqaale ku meel gaar ah/fasallo ay si wada jir ah uga wada shaqeeyaan sidii loo dabooli lahaa shaqaale yarida.

”Waa inaanu midkeenna midka kale gacanta u dhiibin laakiin waan isdaryeeli doonnaa midba midka kale ”.”.

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